

## Community Self-Sufficiency Newsletter

### Where Is She Now?



**Congratulations Renee!**

Charlotte "Renee" Lopez enrolled in the ASPIRE Self-Sufficiency Program in July 2006. Renee entered the program with a solid work history, strong educational skills and a strong desire to remain self-sufficient during her loss of employment. Since Renee had several years of administrative experience, she talked with her Case Manager about enrolling in a Medical Terminology class at FTCC. Renee's Case Manager encouraged her to continue following job leads while seeking employment. Four (4) weeks into her Medical Terminology course, Renee was offered full-time employment as a Counselor Support at Fort Bragg. Although Renee was offered full-time employment, she remained committed to completing her Medical Terminology class. Therefore, she continued attending class until she was awarded a certificate of completion in March 2007. Now that she's employed again, Renee is able to enjoy her children and her home.

### SPECIAL POINTS OF INTEREST:

- **Where is She Now?**
- See who's doing what - **In The Spotlight.**
- Find out what's going on in the **Events Calendar.**
- **Family Self-Sufficiency Program**
- **ASPIRE Self-Sufficiency Program**

### Food Pantry Happenings

We would like to wish the following Food Pantry Volunteers a Happy Birthday:

Jarvis Gardner	October 2
Betty Hair	October 23
Howard Stephinson	October 23
James Nasir	November 5
Delois Hollis	November 19
Laura Badley	December 8

A special thanks goes to the ASPIRE Food Pantry Volunteers for their generous work hour contributions for the year 2006. Total hours contributed were 7,307.50.



We would like to welcome **Ms. Arletha McKoy** to our staff. Ms. McKoy is a new senior aide with the ASPIRE Food Pantry. She is a participant of the Cumberland Senior Aides Program.

### Cumberland Community Action Program, Inc.

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On the web:  
[www.ccap-inc.org](http://www.ccap-inc.org)

## Family Self-Sufficiency Program

Nakachia McPherson a Family Self-Sufficiency Program participant successfully completed the Manicuring Technology Course by Shear Pleasures Nail Academy offered through Fayetteville Technical Community College. The course began May 7, 2007, and convened until September 11, 2007. On September 11 she was awarded a graduation certificate in Manicuring and Nail Artistry for completing a total of 300 hours.



Right: Ms. McPherson is pictured



**Congratulations Nakachia!**

## Announcements

### Can't Make Ends Meet?

The ASPIRE Food Pantry can assist you or someone you know with food packages. Contact us at (910) 485-6923, ext. 119. We are open Monday through Thursday from 10am - 2pm.

### The Pro Se Custody Clinic

A free custody clinic is held on the 2nd Wednesday each month at The Women's Center, 230 Hay St. from 6:30 - 8:30pm. Information provided to answer your custody questions and enable you to file your own custody case. Clinic given by Legal Aid of Fayetteville.

### ASPIRE Cookbook Contest

The contest began on September 1, 2007. The purpose is to raise money to purchase a van to deliver food to the home bound of Cumberland county.

First place winner will receive a flower arrangement from Evergreen Florist. Second place winner will receive a gift basket from Cracker Barrel. Third place winner will receive a gift certificate from Ruby Tuesdays. The contest ends October 1, 2007. An ice cream social will be held for contestants on October 19, 2007. The prizes will be awarded during the event.

### Domestic Violence Legal Clinic

Are you, or someone you know a victim of domestic violence? Would you know where to go for help? Call (910) 483-0400 for more information on this clinic. Clinic is offered by Legal Aid of Fayetteville.

### Landlord Problems?

A free Legal Clinic presented by Legal Aid of Fayetteville will help you determine your rights and responsibilities as a tenant. The clinic is held at Seabrook Resource Center, 208 Langdon Street every 2nd and 4th Tuesday of the month from 3 - 4:30 pm.

## Events Calendar

### October

**9 - Saving to Build Wealth**/Esther Acker. Grove View Terrace Recreation Center. 10:00am.

**15 - Floral Designs**/Eloise Patterson. ASPIRE Resource Center

**30 - Saving & Tracking Your Money**/Esther Acker. Grove View Terrace Recreation Center

### November

**13 - Improving Your Credit I**/Esther Acker. Grove View Terrace Recreation Center. 10:00am

### December

**4 - Improving Your Credit II**/Esther Acker. Grove View Terrace Recreation Center. 10:00am

### Inspirational Corner

"There are two ways of meeting difficulties: you alter the difficulties, or you alter yourself to meet them."

- Phyllis Bottome

## In The Spotlight

- **Patricia**-Employment Aide & Services
- **Lisa**-Mountaire Farms of North Carolina
- **Diane**-Alco Gas Station
- **Larae**-Cumberland County DSS
- **LaTonya**-Purolator
- **Tonya**-Western Sizzler
- **Lethenia**-Ft. Bragg Credit Union
- **Barbara**-Cumberland County School System
- **Angela**-Cumberland County School System
- **Maria**-Prime Time
- **Saquanna**-Visions of Care
- **Tonya**-Alternate Hands
- **Vanessa**-Cape Fear Valley Medical Center
- **Maria**-Interim Health Care
- **Wendy**-Associates degree in General Education
- **Lavern**-Nursing Assistant State Board Examination
- **Denisha**-Food Handler's Certification
- **Nakachia**-Manicuring & Nail Artistry
- **Lashonda**-Effective Teacher Training

## ASPIRE Self-Sufficiency Program



**ASPIRE Case Managers. From left: Luther Weathers, Crystal Boston, and Lynette McNair**

As of April 2007, the ASPIRE Self-Sufficiency Program employed its third Case Manager to recruit and enroll families in the Self-Sufficiency Program in the Cumberland County area. The Case Managers serve as coaches to assist participants in setting and accomplishing goals to become self-sufficient.

During fiscal year July 1, 2006, through June 30, 2007, the ASPIRE Self-Sufficiency Staff and their participants achieved the following goals:

- Twenty-two (22) participants rose above the poverty level
- Twelve Thousand two hundred and thirty-seven (\$12,237) was the average change in annual income per participant family
- Sixty-three (63) participants obtained employment
- Thirty-one (31) participants obtained employment with benefits
- Thirty-five (35) participants completed education/training programs
- Twelve (12) secured standard housing (non-subsidized)

## Community Leadership Development Program

The CCAP, Inc. ASPIRE Self-Sufficiency Program and the Community Leadership Development Program participants attended the eighth annual graduation luncheon held in their honor on Friday, July 27, 2007.

During the fiscal year 2006 – 2007, the ASPIRE Self-Sufficiency Program had several participants who achieved all of their goals. While enrolled in the program, several participants chose to take classes to increase their educational skills, enroll in the Community Leadership Development Program, and/or learn a trade to make them

more marketable. A total of twenty-seven graduates received their certificates during the graduation.

The graduates are as follows: Anquonette Battle, April Hubbard, Bessie Burks, Bessie Morrissey, Carolyn Armstrong, Charlotte Lopez, Dorothy Pettaway, Earleen Council, Glenda Pharr, Hazel Waters, Jamar Davis, Joseph Pone, Latanya Butts, Laura Britton, Lavidia France, Maggie Moore, Margaret Jenkins, Marzella Murchison, Myrtle Burks, Norma Negron, Pamella Johnson, Pauline Gillis, Peggy Winston, Ray-



**From Left: Mayor Anthony Chavonne, Ms. Rosa Jones, and Ms. Cynthia Wilson**

mond Primas, Reva Pears, Rosa

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Stamp  
Here

**Cumberland Community Action Program, Inc.**  
PO Box 2009  
Fayetteville, NC 28302

## Donate to Cumberland Community Action Program

If you would like to donate to one of our programs, please fill out this form and return it to Cumberland Community Action Program, Inc., PO Box 2009, Fayetteville, NC 28302.

I would like to donate \$\_\_\_\_\_ to Cumberland Community Action Program, Inc.

Please make check payable to Cumberland Community Action Program, Inc.

Indicate which program you would like to donate to.

- ASPIRE Food Pantry (Van Fund)
- Self-Sufficiency Program

Comments:

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Name

\_\_\_\_\_  
Address

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\_\_\_\_\_

Phone