

Newsletter

Where Is She Now?



Ms. Lavidia France

Ms. Lavidia France graduated from the Aspire Self Sufficiency Program just last year.

France was working at a local food pantry, but she longed for an employment upgrade with benefits that would better support her family.

Before graduating from the program, she was hired by Share Heart of the Carolinas as the Program Support Aid I. Soon after being hired, she was promoted to Data Entry/Inventory Control Clerk for Second Harvest Food Bank. With the new position came a pay raise. She has now risen above the poverty guidelines, as she is now self-sufficient.

Congratulations Lavidia!

SPECIAL POINTS OF INTEREST:

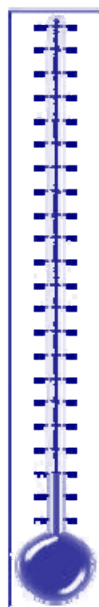
- Free Tax Preparation
- Spaghetti Pizza Pie - A great recipe from the Aspire to Great Taste - For Less cookbook.
- See who's doing what - **In The Spotlight.**
- Find out what's going on in the Events Calendar.
- Participate in our logo contest.

Food Pantry Happenings

The Aspire Food Pantry is operated by a staff of diverse and multicultural volunteers. Each one brings special gifts and talents that blend together for a special mixture of love that is shown to the recipients. Many of the volunteers are retirees and are well trained in customer service, assembly work, packing, and handling food, as well as warehouse safety. Special recognition goes to **Ms. Myrtis Chipman**, a native of Nassau, who at age 81, is an inspiration to us all. She is a very energetic and hard worker. She helps us to see that it's never too late to give back to the community.

If you are interested in volunteering, please call us at (910) 485-7271.

Aspire Food Pantry is open Monday through Thursday from 10am - 2pm.



\$15000

\$1150

\$0

All donations to Aspire will be used to purchase a van to deliver food to the sick and shut-in of Cumberland County. Our goal is \$15,000. We have currently raised \$1,150.



Cumberland
Community Action
Program, Inc.

316 Green Street
Fayetteville, NC 28301

Phone: 910-323-3192
Fax: 910-323-4990

On the web:
www.ccap-inc.org

Free Tax Preparation

It's time to start thinking about your taxes again. Would you like to get them filed at no cost? Call us to schedule your **Free** income tax preparation session. Get both your NC Federal and State Income Tax forms completed at no charge. Electronic filing is available and refunds can be mailed back to you or directly deposited into your account. Call us today at (910) 323-3192, ext. 21. Guidelines apply.

When you go to your appointment, please bring the following with you:

- All W-2 forms for 2006
- Picture Identification
- Social Security Cards for your self and your dependents
- Voided check for direct deposit
(Must have routing and account numbers on check)



Announcements

Come Join Us!

Are you interested in making extra money? If so, we have just the thing for you! The Aspire Resource Center invites you to join our **Flower Arrangements Class** held each Monday at 10am in the resource center.

Call (910) 485-7271 for more information.

Ms. Callie Bodrick, a recent graduate of the Community Leadership Development Program, is the Instructor.

Flower arrangements are on display at the Resource Center and can be yours for a small donation.

Can't Make Ends Meet?

The Aspire Food Pantry can assist you or someone you know with food packages. Contact us at 910-485-7271. We are open Monday through Thursday from 10am - 2pm.

Own Your Own Home

Consumer Credit Counseling Service of Fayetteville invites you to the monthly Homebuyers Workshop. Potential buyers learn about the costs and responsibility that comes with purchasing a home. To register for a workshop, call (910) 323-3192 ext. 21.

Local Job Fairs

March 22, 2007 - Fort Bragg Officers Club Bldg 1-4930. Armstead & Totten Streets Ft. Bragg. 10am-2pm. For more information, call 1-800-662-2620, ext. 222.

March 29, 2007- Cumberland County Department of Social Services, 1225 Ramsey Street. 9am - 2pm. For more information, call 677-2177 or 677-2222.

Events Calendar

January

- **Aspire to Walk to Live Well** - Every Monday and Wednesday at 9:00 am.
- **Flower Arrangement Class** - Every Monday at 10 am.

February

- **Aspire: Eat Well to Live Well** - Six week series on each Monday at 12 pm.
Course begins 2/19/2007.
- **Aspire to Walk to Live Well** - Every Monday and Wednesday at 9:00 am.
- **Flower Arrangement Class** - Every Monday at 10 am.

March

- **Aspire: Eat Well to Live Well** - Six week series on each Monday at 12 pm.
- **Aspire to Walk to Live Well** - Every Monday and Wednesday at 9:00 am.
- **Flower Arrangement Class** - Every Monday at 10 am.
- **Quarterly Volunteer Training** - March 23, 2007 at 10 am. Topic is *Motivation A Must!* Lunch afterwards at MiCasitas.

Inspirational Corner

"Do not wait; the time will never be just right. Start where you stand, and work with whatever tools you may have at your command, and better tools will be found as you go along." - Napoleon Hill

In The Spotlight

- **Antinea** was promoted from dietary cook to assistant dietary manager. Antinea was also awarded the 2006 "Employee of the Year."
- **Asheeka** accepted employment with Lab Corp. as a Phlebotomist.
- **Christy** accepted employment with Walker-Spivey Elementary School as a Teacher Assistant.
- **Joseph** completed truck drivers training at Johnston Community College and received a Commercial Driver's License (CDL) certification.
- **Tamara** has completed her first semester at Fayetteville Technical Community College with a GPA of 4.0. Keep up the good work!
- **Raymond** accepted full-time employment with Curtis Hart Heating and Air Company.
- **Tatoia** accepted part-time employment with Carolina Healthcare.
- **Charissa** accepted part-time employment with USPS.
- **Cheryl** completed a medical terminology course at Fayetteville Technical Community College.
- **Sabrina** completed the requirements to receive the NC Cosmetology License.



Spaghetti Pizza Pie

Tracie Gillis

- 1 (8-oz.) jar spaghetti, cooked and 1 lb. ground beef, cooked and drained
- 1 (16-oz.) c. jar spaghetti sauce
- 1/2 c. grated parmesan cheese
- 1 (8-oz.) pkg. shredded mozzarella
- 1 egg, slightly beaten cheese

Toss together parmesan cheese, cooked spaghetti and egg. Place in 9 in. pie plate. Press along bottom and sides to form crust. Mix cooked meat and spaghetti sauce. Spread meat mixture over spaghetti crust. Sprinkle with mozzarella cheese. Bake at 350° degrees for 30 minutes or until heated through. Let stand 5 minutes before cutting into wedges.

For more great recipes like this, contact the Aspire Food Pantry at 910-485-7271 to get **Aspire to Great Taste - For Less** for a donation of \$10. The proceeds from this cookbook go toward purchasing a van for the Aspire Food Pantry.

Kid's Corner

Coming Soon!

Our newsletter needs a name and a logo. If you think you can help, please contact us.

Contest will be open to all **7th - 12th graders**. A great prize will be awarded to the first place winner, and he or she will be recognized in the next issue of our newsletter.

In order to participate in the contest, contact Krista Guin (910) 323-3192, ext. 39 by **March 12, 2007**.

Word Search

Find the following words in this fun word search. Words can be found horizontally, vertically, diagonal and backwards.

r	p	n	t	v	v	t	m	b	s	n	e	u
s	r	o	i	p	e	o	e	a	e	g	v	u
n	o	i	t	i	r	t	u	n	o	c	o	u
i	g	t	h	r	o	p	d	a	e	a	l	n
e	r	a	i	s	e	c	l	t	f	i	v	o
v	e	c	o	h	i	s	e	f	s	s	e	i
e	s	u	e	m	p	l	o	y	m	e	n	t
i	s	d	o	l	p	r	p	u	s	e	n	a
h	r	e	a	m	d	p	s	m	r	p	b	r
c	a	n	o	a	c	r	e	m	o	c	n	i
a	e	c	b	t	e	g	d	u	b	c	e	p
r	a	l	s	u	c	c	e	s	s	e	c	s
r	e	a	d	i	n	e	s	s	h	i	r	a

accomplish
achieve
affordable
aspiration
budget
complete
education
employment
evolve
goals
income
nutrition
plan
progress
readiness
resources
success

Place
Stamp
Here

Cumberland Community Action Program, Inc.
PO Box 2009
Fayetteville, NC 28302

Donate to Cumberland Community Action Program

If you would like to donate to one of our programs, please fill out this form and return it to Cumberland Community Action Program, Inc. PO Box 2009 Fayetteville, NC 28302.

I would like to donate \$_____ to Cumberland Community Action Program, Inc.

Please make check payable to Cumberland Community Action Program, Inc.

Indicate which program you would like to donate to.

- Aspire Food Pantry (Van Fund)
 Self-Sufficiency Program

Comments:

Name

Address

Phone